

For pregnant woman

GestalyS[®]DHA

Complete food supplement with vegetable DHA,
Folic Acid, Sucrosomial[®] Iron, vitamins and minerals.

30 capsules - Net Weight 38,65 g 



GestalyS[®] DHA is a food supplement with vegetable DHA, Sucrosomial[®] Iron, vitamins and minerals, formulated in according to the NRVs for pregnant women. GestalyS[®] DHA provides the nutrients particularly useful in this delicate period of life of the woman. GestalyS[®] DHA is useful as a contribution of important nutrients during lactation.

Ingredients: Algal (Schizochytrium sp) oil rich in DHA (life's DHA[™]) with sunflower oil, rosemary flavor, extract rich in tocopherol, ascorbyl palmitate; foodgrade gelatin; firming agent: glycerol, vitamin C (ascorbic acid); iron fumarate; emulsifier: sunflower lecithin; Sideral[®] r.m. - Sucrosomial[®] Iron (iron pyrophosphate, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin on glucose syrup, **milk proteins^{*}**, tricalcium phosphate); thickener: glyceryl monostearate, Ultraiod[®]-Sucrosomial[®] Iodine (pregelatinized rice starch, sucrose esters of fatty acids, sodium iodate, sunflower lecithin); nicotinamide (niacin); emulsifier: **soy lecithin^{*}**, zinc oxide, beta-carotene 30% in sunflower oil, natural vitamin E (D-alpha-tocopherol in sunflower and soybean oil); vitamin B5 (calcium D-pantothenate); coloring agent: iron oxide, vitamin B12-0,1% (cyanocobalamin on maltodextrin from corn), vitamin B6 (pyridoxine hydrochloride), copper sulfate, calcium fluoride, vitamin B2 (riboflavin), vitamin B1 (thiamine mononitrate), folic acid (folacin), vitamin D3-1 million IU / g (cholecalciferol in medium-chain triglycerides, extract rich in tocopherol), biotin, sodium selenite, vitamin K1 (phytomenadione).

Warnings: Store at room temperature (do not exceed 25° C); avoid exposure to localized heat sources, direct sunlight and contact with water. The expiry date refers to the product unopened and properly stored. Keep out of the reach of children under 3 years of age. Do not exceed the recommended daily dose. Food supplements must not be considered a substitute for a varied, balanced diet and a healthy lifestyle.

Directions: Advised dosage is one capsule per day.

Mean Contents	Per 1 capsule	% NRVs
Algal Oil from Schizochytrium sp	0,5 g	
DHA	200,00 mg	
Vitamin C	70,00 mg	88%
Niacin	14,00 mg	88%
Vitamin E	4,00 mg- <i>α</i> TE	33%
Vitamin B5	3,00 mg	50%
Vitamin B6	1,60 mg	114%
Vitamin B2	0,80 mg	57%
Vitamin B1	0,70 mg	64%
Folic Acid	400,00 mcg	200%
Vitamin D3	10,00 mcg	200%
Vitamin B12	2,00 mcg	80%
Biotin	75,00 mcg	150%
Vitamin K	35,00 mcg	47%
Beta-carotene	1,80 mg	
Iron	30,00 mg	214%
Zinc	7,00 mg	70%
Copper	0,60 mg	60%
Fluoride	0,53 mg	15%
Iodine	225,00 mcg	150%
Selenium	30,00 mcg	55%

%NRVs: Nutrient References Percentage

MAIN INGREDIENTS

ALGAL SOURCE DHA:

(docosahexaenoic acid) is a polyunsaturated fatty acid in the Omega-3 series obtained from fermented micro-algae. It represents the main component of all membranes. Its consumption during pregnancy is useful for both the mother and, above all, for the proper neural development of the fetus, especially for the visual and cognitive capacity of the baby. DHA plays a structural and functional role in the brain and the level of maternal DHA can contribute to the normal brain development of the fetus and breastfed newborn.

SUCROSOMIAL[®] IRON:

This is an essential mineral for hemoglobin synthesis. Insufficiency can cause anemia due to the reduced production of red blood cells. During pregnancy, the need for iron increases significantly in order to allow proper delivery of oxygen to the fetus. The iron pyrophosphate contained in GestalyS[®] DHA is obtained using sucrosomial[®] technology which allows it to pass undamaged through the stomach and to be absorbed directly in the intestine without causing stomach pain or intestinal irritation.

OTHER COMPONENTS

THE VITAMINS

GROUP B VITAMINS promote the metabolism of carbohydrates. They are important for the proper function of the nervous system.

FOLIC ACID is recommended to reduce the risk of neural tube defects. In association with Vitamins B12 and B6, it is highly useful for the control of the homocysteine blood levels. Homocysteine is an amino acid that if present in high levels in the blood can be responsible for blood vessel damage and possible pregnancy complications.

VITAMIN B12 in association with folic acid and vitamin B6 promotes the reduction of the hyperhomocysteinemia levels. It also participates of synthesis of red blood cells.

VITAMIN B6 in association with folic acid and vitamin B12 promotes the reduction of the hyperhomocysteinemia levels. It also participates in the metabolism of amino acids in all tissues.

BETA-CAROTENE is the precursor of vitamin A, which participates in the cellular differentiation process, promoting the development of different tissues.

VITAMIN E has antioxidant action, protects cells and tissues against free radicals, and prevents the oxidation of fatty acids.

VITAMIN C increases the absorption of iron; it performs and important role in the synthesis of collagen and the immune system response. It has antioxidant properties and participates in the activation of folic acid.

VITAMIN D3 stimulates the absorption of calcium and phosphorus; it regulates bone mineralization and fetal skeletal development.

VITAMIN K promotes the blood coagulation process; participates in bone development and calcification.

MICRO ELEMENTS

SELENIUM is an essential trace mineral, its synergy with vitamin E has a powerful antioxidant action.

IODINE is necessary for the synthesis of thyroid hormones. Fundamental for the fetal nervous system development.

FLUORIDE plays a fundamental role in the prevention of caries in the mother and child, and promotes the formation of enamel and dentine.

ZINC acts as a coenzyme in numerous metabolic processes with significant effects on the immune system and intestinal mucous membrane.

COPPER is important in the structure of key enzymes that intervene in the respiratory chain and the synthesis of red blood cells and cartilage.


Sucrosomial[®] Iron is a registered trademark.

Sucrosome[®] is a registered trademark.

Sideral[®] is a registered trademark.

Sideral[®] r.m. is a patented ingredient based on Sucrosomial[®] Iron
Ultraiod[®] is a patented ingredient based on Sucrosomial[®] Iodine

Contents:



Produced and packaged in the production facility based in Via dei Maniscalchi, 5 - 41012 Carpi (MO) Italy on behalf of: Pharmanutra S.p.A. Via Campodavola, 1 - 56122 Pisa - Italy www.pharmanutra.it

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