



Food supplement with Sucrosomial® Iron and Vitamin C

20 CAPSULES - NET WEIGHT 11,9g 

Sideral® Forte is a food supplement with Sucrosomial® Iron (Sideral® r.m.) and Vitamin C useful in case of dietary deficiencies or an increased demand for said nutrients. Sideral® r.m., iron coated with sucrosomial® technology, passes the gastric environment intact to be directly absorbed in the intestine, thus avoiding any gastric disorder.

Ingredients: Sideral® r.m.(iron pyrophosphate, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin on sucrose syrup carrier, *milk* protein, tricalcium phosphate), food-grade gelatin, bulking agent: hydroxypropyl methylcellulose, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; microcrystalline cellulose, vitamin C (L-ascorbic acid), colouring agents: titanium dioxide. **Gluten free.**

Directions: Take 1 capsule a day, or as recommended by the doctor, at any time of the day.

Indications: Sideral® Forte can be used in case of reduced dietary intake or an increased demand for iron.

Warnings: Store at room temperature (do not exceed 25°C); avoid exposure to localised heat sources, direct sunlight and contact with water. The expiry date refers to the product unopened and properly stored. Keep out of the reach of children under 3 years of age. Do not exceed the recommended daily dose. Food supplements must not be considered a substitute for a varied, balanced diet and a healthy lifestyle.

Mean Contents	Per 1 cps	%NRVs
Iron	30 mg	214,3%
Vitamin C	70 mg	87,5%

% NRVs = Nutrient Reference Values Reg. 1169/2011

Sideral® Forte is a preparation with ferric pyrophosphate that is conveyed inside a sucrosomial® membrane and is, therefore, highly bioavailable. Sucrosomial® technology allows to protect oral and gastrointestinal mucosa from the oxidising action of iron, avoiding metallic taste, gastric discomfort, mucous tissue and stool staining. In fact, the iron contained in Sideral® Forte Int. never comes in contact with the mucous tissues of the body; therefore, it presents a high degree of gastrointestinal tolerability reducing the risk of gastrointestinal irritation.

The product can be used by caeliac subjects.

Sucrosomial® Iron is a registered trademark.
Sucrosome® is a registered trademark.
Sideral® is a registered trademark
Sideral® r.m. is a patented ingredient based on Sucrosomial® Iron.

 PHARMANUTRA

Produced and packaged in the production facility based:
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